

# Celine Redfern

Holmleigh's CAMHS worker



"I'm Céline Redfern, a Clinical Psychologist working with children and their families in Child and Adolescent Mental Health Services (CAMHS). As part of Hackney's Well-being and Mental Health in Schools (WAMHS) project, part of my current role is to be the CAMHS worker based here at Holmleigh.

WAMHS is an innovative project aiming to improve support around mental health and wellbeing for children and young people in schools, colleges and specialist and alternative provision settings in City & Hackney.

Over 40 schools, colleges and education provisions in Hackney, including yours, have signed up. In this role, I am in Holmleigh Primary School every fortnight on a Tuesday. Rather than working individually with pupils in the school, my role is to help the school to increase awareness and knowledge in identifying and supporting their pupils' mental health difficulties and advise and support staff.

This might include offering parent-coffee mornings on emotional well-being, offering staff training, consulting to staff about children whose emotional well-being they may want to support, helping link staff with external resources if required.

Other ideas are welcome! If you have any ideas about how I might be able to support the school, please let us know.

Thanks,  
Céline