

## RSE & PSHE Curriculum Overview

Our theme for this half term is:

**MANAGING FEELINGS** (Getting On and Falling Out)

### Theme Overview

This theme focuses on developing children's knowledge, understanding and skills in three key social and emotional aspects of learning: empathy, managing feelings (with a focus on anger) and social skills.

We will explore the theme's objectives in our Monday SEAL assemblies and in class.

<b>Week beginning:</b>	<b>Focus Word</b>
21 <sup>th</sup> February 2022	Feelings
28 <sup>th</sup> February 2022	Worries
7 <sup>th</sup> March 2022	Problem solving
14 <sup>th</sup> March 2022	Reflecting
28 <sup>th</sup> March 2022	Support