

Hello! 😊

My name is Sorca O' Dea. I am the CAMHS Worker at School at Holmleigh. I am a Child & Educational Psychologist from First Steps, Hackney CAMHS (Child and Adolescent Mental Health Services).



← (This is me!)

We are holding a coffee morning on **Tuesday 21st of March, at 9am.** We heard from our parents' survey that some people would like to have 'drop in' sessions with the CAMHS worker, so this is the first in a series of drop in sessions this year.

This is a space for us to meet and to talk about how best we can support you. We will talk about helping children to manage their well-being, emotions and behaviour and how to help them to cope with the stresses of life.

I look forward to meeting as many of you as possible for some tea, biscuits and nourishing conversations!

Sorca