



Young Hackney & Holmleigh Primary School Parent/Carers Health & Wellbeing Session

Young Hackney's health and wellbeing team are offering parents/carers sessions to support and improve the development, learning and health of pupils at Holmleigh Primary School.

We aim to work in an informed manner that assists in reinforcing children's health and learning both at home and at school to achieve better outcomes for pupils.

What we offer:

- *Additional resources and information- information about programmes and resources available in Hackney*
- *Connect with other parents/carers*
- *Skills to improve parent-child interactions*
- *Promote parental empowerment*
- *Refreshments will be provided*

Session : Online safety

Talking about the internet can be overwhelming, as there's constantly something new being released. This session aims to support you to start conversations about internet safety, how to utilise security settings and provides information and resources to support your child/children as they use the internet.

*Holmleigh parent/carer online safety workshop
Thursday, 14th September*

in-person- 09:15am-10:00am

To join virtually:

18:00pm-19:00pm

Google Meet joining info

Video call link: <https://meet.google.com/xdb-skym-wfh>

Or dial: (GB) +44 20 3956 1737 PIN: 991 931 296#

More phone numbers: <https://tel.meet/xdb-skym-wfh?pin=7398547424475>

