

Holmleigh Primary School Physical Education Curriculum Framework

Year group	Autumn	Spring	Summer
Nursery	Movement: Dance Gymnastics:-Gym in the jungle	Movement: Throwing and Catching Movement: Sense of space-striking, hitting and kicking a ball	Athletics: Racing and chasing Multi skills and athletics- racing and chasing
Reception	Gymnastics:-Gym in the jungle Movement: Dance: Dinosaurs Invasion games: Tag Rugby	Movement: Throwing and Catching Movement: Dance Till you drop! Invasion games: Tag Rugby	Gymnastics- Jumping Jacks Multi skills and athletics- racing and chasing Invasion games: Tag Rugby
1	Multi-skills: throwing and Catching Attacking and defending Invasion games: Tag Rugby	Gymnastics: Animals Dance: Starry Nights. Invasion games: Tag Rugby	Yoga: Salute to the Sun Multi-skills: Running and Jumping Invasion games: Tag Rugby
2	Multi-skills: throwing and Catching Attacking and defending Invasion games: Tag Rugby	Gymnastics: Under the Sea Gymnastics: Landscapes and Cities Invasion games: Tag Rugby	Dance: Plants Animal Olympics Invasion games: Tag Rugby
3	Invasion Games: football Gymnastics: Movement Invasion games: Tag Rugby	Dance: Extreme Earth Athletics Invasion games: Tag Rugby Swimming- 2 week block	Circuit training OAA: Fencing Invasion games: Tag Rugby
4	Multi-skills: throwing and Catching Gymnastics: Ancient Egypt Invasion games: Tag Rugby	Dance: Carnival of the animals Circuit training Invasion games: Tag Rugby	Athletics OAA: Orienteering Invasion games: Tag Rugby Swimming- 2 week block
5	Gymnastics: Shape, Balance and space Tennis Invasion games: Tag Rugby	Eco Dance OAA: Outdoor Adventure Activities Invasion games: Tag Rugby Swimming- 2 week block	Athletics Basket Ball Invasion games: Tag Rugby
6	Circuit Training Netball Invasion games: Tag Rugby	Dance: Electricity Athletics Invasion games: Tag Rugby	Gymnastics: Movement OAA: Canoeing and biking Invasion games: Tag Rugby