



SEALGD assembly plan

Social Skills (Relationships/Say No to Bullying)

This theme focuses on bullying – what it is; how it feels; why people bully; how we can prevent and respond to it; and how children can use their social, emotional and behavioural skills to tackle this crucial problem. The four aspects of learning in which knowledge, skills and understanding are developed are self-awareness, empathy, managing feelings and social skills.

Week beginning:	Focus Word	Story/Activity
02.11.2026	The Holmleigh Way/Feelings	Begin with a wellbeing check-in. <i>How are we feeling in our minds and our bodies today?</i> <i>In my mind, I feel...</i> <i>In my body, I feel...</i> Children pair up and share their responses with a partner. Invite volunteers to share their thoughts with the class. Adults should also model responses by sharing their own examples to encourage openness and reflection. New Beginnings Lead a discussion around the idea of starting afresh. Key questions: What does it mean to start afresh? What are you excited about this term? What are you feeling anxious or worried about? What can we do if we experience these feelings? Who can help us when we need support? Revisiting The Holmleigh Way Review expectations and celebrate success. Discuss: Who managed to stay on Green all week? Who received a positive text message home? Who earned a Gold Leaf? Celebrate achievements and reinforce the behaviours that led to these successes. School Expectations Challenge children to tell their partners: The school rules. Our school values. Introduce Give Me Five: Ask children to demonstrate how quickly they can respond. Discuss what Give Me Five represents and why it is important. Review each expectation together. Follow-up Classroom Activity Children complete a class activity that demonstrates The Holmleigh Way in action, showing how they can apply the school's values and expectations in everyday school life.
09.11.2026	World Science Day	Celebrating World Science Day Begin with a short wellbeing check-in. <i>How are we feeling in our minds and bodies today?</i> <i>"In my mind I feel..."</i> <i>"In my body I feel..."</i> Join together to celebrate World Science Day, exploring the importance of science in our everyday lives and how it helps us understand and improve the world around us. The assembly will: Introduce the significance of World Science Day. Celebrate the achievements and contributions of scientists from diverse backgrounds. Encourage curiosity, questioning, and a love of discovery. Highlight how science helps solve real-world problems and shapes our future. Inspire children to think like scientists by observing, investigating, and asking thoughtful questions. Follow-up classroom activity:

		Children take part in a science-based investigation or discussion that encourages curiosity and applies scientific enquiry skills
16.11.2026	Anti-Bullying Week Theme: Break The Silence	Begin with a short wellbeing check-in. <i>How are we feeling in our minds and bodies today?</i> "In my mind I feel..." "In my body I feel..." Invite children to think quietly before sharing with a partner or the whole class, if they wish. Partner Discussion Children pair up and discuss the following questions: What does bullying mean? Are there different types of bullying? Can you think of examples of each type? Encourage children to listen respectfully to each other's ideas and experiences. Whole-Class Discussion Take feedback from the class and discuss the children's ideas, building a shared definition of bullying. Explore the different forms of bullying, including: Physical bullying Verbal bullying Social or relational bullying Cyberbullying Clarify any misconceptions and reinforce that bullying is repeated, intentional behaviour that hurts someone physically or emotionally. Anti-Bullying Week Theme Introduce this year's Anti-Bullying Week theme. Invite children to share their initial thoughts: What do you think this theme means? Why is it important? How could we put it into practice in our school? Share the presentation slides, pausing regularly to encourage questions, reflections and discussion. Reflection Ask children to consider: What is one thing you have learned today? What is one action you can take to help make our school a kinder and safer place? Follow-up Class Activity Children will complete Anti-Bullying Week activities in class to reinforce the learning from the assembly. These activities will encourage them to reflect on the theme, recognise different forms of bullying, and explore ways to show kindness, respect and support for others.
23. 11.2026	Choice	Check in. How are we feeling in our minds and bodies? In my mind I feel... In my body I feel... Children pair up and share with each other. Take feedback. Include examples from adults. Today we're talking about something we all use every day—our words. There's a saying: "Sticks and stones may break my bones, but words will never hurt me." But we know that's not really true. Words can make someone feel welcomed, valued, and confident. They can also make someone feel lonely, embarrassed, or afraid. Think about the difference between these phrases: "You're really good at that!" "You'll never be good enough." "Come and join us." "Nobody wants you here." The words we choose have power. We might not remember every conversation we've had, but many of us can remember words that made us feel proud—or words that hurt us. During Anti-Bullying Week, we are reminded that bullying isn't always physical. It can happen through name-calling, teasing, gossip, online comments, or leaving people out. Sometimes people say, "I was only joking," but if the other person feels hurt, it's important to stop and think about the words we used. Before we speak, it can help to ask ourselves three simple questions: Is it true? Is it kind? Is it helpful? If the answer is "no," perhaps we should choose different words. Choosing kind words doesn't mean we can never disagree. It means we show respect, even when we have different opinions. We can be honest without being hurtful. Imagine if every person in our school made one small change this week: Giving a genuine compliment. Including someone who is on their own. Saying "thank you." Saying "I'm sorry." Standing up for someone being treated unfairly. These small choices can make a big difference. This Anti-Bullying Week, let's remember that our words can build people up rather than tear them down. Every conversation is an opportunity to choose kindness, show respect, and help make our school a place where everyone feels safe, included, and valued.
30.11.2026	ABCD Charity focus	Alone Behind Closed Doors charity appeal
07.11.2026	Rehearsals for Christmas Show	